

# Crockpot Moroccan Stew

(serves 4)



## 1. Add each ingredients to a crockpot:

Carrots, large chunks	2 cups
Potatoes, large chunks	4 cups
Onions, large chunks	1 whole
Garlic, minced	1 TBSP
Celery, large slice	2 stalks
Diced Tomatoes	2 cups
Ginger	1 tsp
Red Pepper Flakes	½ tsp
Cumin	2 tsp
Smoked Paprika	2 tsp
Coriander	2 tsp
Tumeric	1 tsp
Salt	1 tsp
Pepper	½ tsp
Beef Cubes	2 lbs
Vegetable Stock	2 cups

2. Cook on LOW for 6-8 hours.

3. Add ¼ cup sliced almonds and ½ cup golden raisins to crockpot. Stir Well.