

**Harvest Meatloaf**

(serves 4)

1. Make meatloaf by mixing all ingredients in a large bowl. Mix well to incorporate all ingredients together.

**Ingredents:**

Ground Beef 2 lbs.

Fresh Chives 2 TBSP, finely chopped

Swiss Chard (or any leafy green) ½ cup, finely chopped

Garlic Cloves 2 cloves, finely minced

Italian Seasoning 2 TBSP

Salt 1 tsp

Pepper ½ tsp

Oats 2 TBSP

Egg\* 1

Tomato Paste ¼ cup

 \*Whisk egg in a bowl with tomato paste to thin

1. Add meatloaf mixture to a loaf pan.
2. Bake in a 350 oven for 60-70 minutes. Oven temps vary so check center for doneness.